

EMPLOYERS FOR CHRIST: HOW TO MANAGE YOUR OWN ANGER

KEY POINT: ANGER DOES NOT LEAD TO A RIGHTEOUS LIFE

Jakobo 1:19-20 / EkaJakobe 1:19-20 / James 1:19-20 “19 My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, 20 for man's anger does not bring about the righteous life that God desires.”

KEY POINT: THE OUTCOME OF ANGER – YOU ALLOW THE DEVIL TO TEMPT YOU

Baefeso 4:26-27 / Kwabase-Efesu 4:26-27 / Ephesians 4:26-27 “26 "In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold.”

KEY POINT: THE OUTCOME OF ANGER – YOU SIN AGAINST YOUR BROTHER

Dipsalme 37:8 / AmaHubo 37:8 / Psalm 37:8 “Refrain from anger and turn from wrath; do not fret—it leads only to evil.”

KEY POINT: THE CENTRAL MOST IMPORTANT MESSAGE IN THE BIBLE IS LOVE

1 Johane 4:8 / 1 kaJohane 4:8 / 1 John 4:8 “Whoever does not love does not know God, because God is love.”

KEY POINT: HOW TO MANAGE YOUR ANGER – PRACTISE SELF CONTROL

Diema 29:11 / Izaga 29:11 / Proverbs 29:11 “A fool gives full vent to his anger, but a wise man keeps himself under control.”

KEY POINT: HOW TO MANAGE YOUR ANGER – BE GENTLE WITH YOUR WORDS

Diema 15:1 / Izaga 15:1 / Proverbs 15:1 “A gentle answer turns away wrath, but a harsh word stirs up anger.”

REMEMBER:

1. Anger does not lead to a righteous life
2. The outcome of anger – you allow the devil to tempt you
3. The outcome of anger – you sin against your brother
4. The central most important message in the Bible is love
5. How to manage your anger – practise self control
6. How to manage your anger – be gentle with your words

Visit us at www.employersforchrist.co.za