

## EMPLOYERS FOR CHRIST: THE MEANING OF GENTLENESS

Definition of gentleness: A tendency to be even-tempered, balanced in spirit and unpretentious.

### KEY POINT: THE FRUIT OF THE SPIRIT IS GENTLENESS

**Bagalatia 5:22-23 / KwabaseGalathiya 5:22-23 / Galatians 5:22-23** “22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.”

### KEY POINT: JESUS IS YOUR PERFECT EXAMPLE OF GENTLENESS

**Mareka 5:27-30 / NgokukaMarku 5:27-30 / Mark 5:27-30** “27 When she heard about Jesus, she came up behind him in the crowd and touched his cloak, 28 because she thought, “If I just touch his clothes, I will be healed.” 29 Immediately her bleeding stopped and she felt in her body that she was freed from her suffering. 30 At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, “Who touched my clothes?”

### KEY POINT: GOD CAN DEVELOP YOUR GENTLENESS THROUGH PEOPLE WHO OPPOSE YOU

**2 Timotheo 2:25 / 2 kuThimothewu 2:25 / 2 Timothy 2:25** “Those who oppose him he must gently instruct, in the hope that God will grant them repentance leading them to a knowledge of the truth,”

### KEY POINT: YOUR GENTLENESS CAN RESTORE SOMEONE

**Bagalatia 6:1 / KwabaseGalathiya 6:1 / Galatians 6:1** “Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted.”

### KEY POINT: YOU NEED TO PRACTISE GENTLENESS EVERY DAY

**Bakolose 3:12 / KwabaseKolose 3:12 / Colossians 3:12** “Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

### KEY POINT: PRACTISE GENTLENESS

1. Be gentle with all, but firm with the truth
2. Allow for others' wishes
3. Correct people in a gentle manner
4. Think before you react and react calmly

#### REMEMBER:

1. The fruit of the Spirit is gentleness
2. Jesus is your perfect example of gentleness
3. God can develop your gentleness through people who oppose you
4. Your gentleness can restore someone
5. You need to practise gentleness every day
6. Practise gentleness